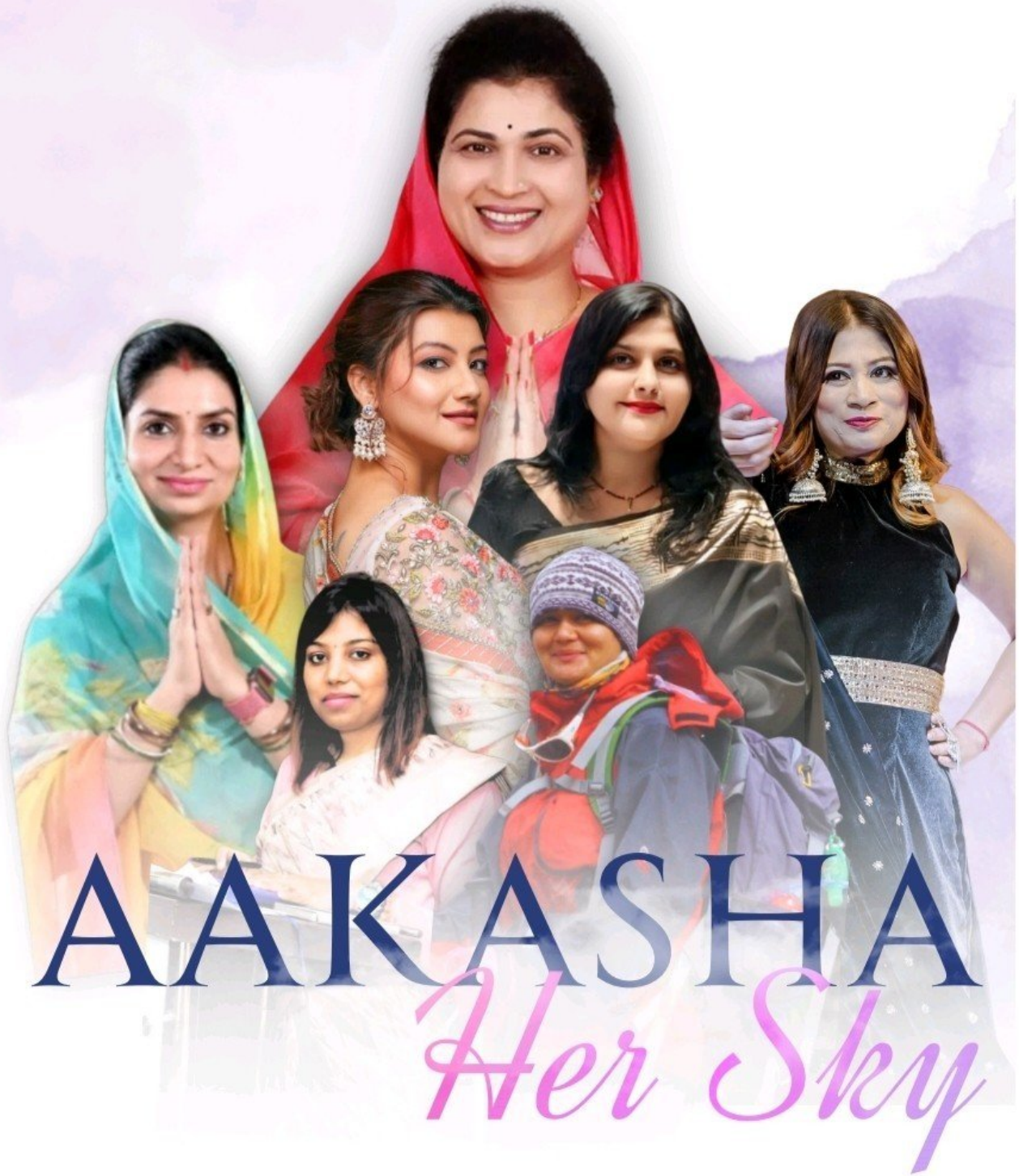


MANZILE AUR HUM



Powerful women motivate, guide and elevate those around them. Their bravery, insight and compassion contribute to creating a better world each day.



त्योहारों के रंग भाभों के संग Educationist and Counsellor

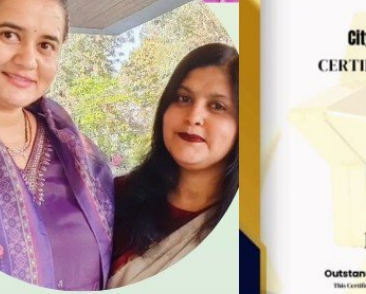


Congratulations

City Excellence Awards/25

Moheebunnisa
Educationist and Counsellor
Outstanding Contribution in Education Service
Bhopal, Madhya Pradesh
City Excellence Award-2025

Bharat GoodTimes
My City, My Identity - मेरा शहर, मेरी पहचान



Serial Number- CAWR009 City Excellence Awards/25

City Excellence Awards/25
CERTIFICATE OF APPRECIATION
PROUDLY PRESENTED TO

Moheebunnisa
Educationist and Counsellor Service
Outstanding Contribution in Education Service

Bharat GoodTimes
News & Press Network



मध्य प्रदेश के भोपाल से एजुकेशनलिस्ट और काउंसलर मुहीब उन्नीस ने अपने करियर के बारे में डीवी न्यूज नेटवर्क के साथ एक बातचीत में अपने सफर को साझा किया। उन्होंने बताया कि महिलाओं को पेशेवर जीवन में कई चुनौतियों का सामना करना पड़ता है, लेकिन यह केवल उनके संघर्ष का हिस्सा नहीं है। उनका मानना है कि हर व्यक्ति को संघर्ष करना पड़ता है, और यह संघर्ष मेहनत और समर्पण से जुड़ा होता है। मुहीब उन्नीस ने अपनी शिक्षा की शुरुआत 1000 में की थी और उनका मानना था कि ने

स्वदेशी प्रदेश परिधान प्रतियोगिता

राशिब अहिरी
Moheeb unnisa
Educator and President (Running film for women)

स्वदेशी मेला भोपाल 2025
भारतीय स्वदेशी प्रदेश परिधान प्रतियोगिता

समय: शाम 3-6
दिनांक: 15 नवंबर, 2025
स्थान: एम.बी.एम. कॉलेज या 36, कुवाभाऊ चक्रे हॉल के पास, भोपाल

भाग लेने हेतु प्रतियोगिता प्रचार से संपर्क करें
प्रिया शर्मा जी
8085173380



CONTENT

- Appreciation letters
- From the editors
- Akar Members
- Megha Parmar - A Sky of Dreams
- Sonal Sinha - The journey of Boss Lady
- Apkesha Dabral - Grace, Growth and Global Influence
- Priya Tiwari - The Multifaceted Trailblazer
- Ruhi Rai and Ssaloni Garhwal
- Chandni Bhrarti and Dr Khusboo Sachdev
- Dr Praveena and Khusboo Soni
- Dr Jaggrti Agraawal - The Pride of India
- Akar Awardees - Our Pride
- A.J. Furnitures
- Shweta Vijayvargiya , Rajinder Kaur and Prerna Rajput
- The First Step School - Janvi A Sharma
- Aayushi Singh and Rachana Verma
- Kashi Vastram by Jyoti Parihar
- Raksha Pandey - From zero to Global Recognition
- Geetanjali Shiitoley and Richa Saxena
- Edcareer by Himani Bhatnagar
- KhusbooTiwari and Ira Alhat
- Huzefa Khan, Meena Verma and Irum Siddiqui
- Renu Nayak and Mita Wadhwa
- Pragma Aurangabadkar - Shree Gruh Udhog
- Our commitment to care

EDITOR IN CHIEF
AKASHA AHMED

PRESIDENT
MOHHEEB UNNIESA

ALLIED BY
GEETANJALI SHIITOLEY

ALLIED BY
AKUDOS
(RAKKSSHA S PANDEY)

SPID : SP010541807202100001

Krishna Gaur

Minister of State (Independent Charge)
Backward Classes and Minorities Welfare,
De-Notified, Nomadic and Semi-Nomadic Welfare,
Department Government of Madhya Pradesh



Residence: B-6, Swami Dayanand Nagar, 74,
Bungalow, Bhopal (M.P.) 462003
Mantralay: E-106, VB-3 First Floor, Mantralaya, Bhopal
Tel: 0755-2708580, Ministry, Tel: 0755-2441578
Mobile : 9893121578, 8959998338,
Email: krishnagaur2015@gmail.com

Ref. 1076

Date 12/12/2025



Appreciation letter

I wholeheartedly appreciate the dedication and continuous efforts with which Akar Women Group is working for the empowerment, education, and upliftment of women and children.

Under the leadership of President Mrs. Mohheeb Unniesa, Akar Women Group has carried out remarkable work in spreading awareness, creating opportunities, and bringing positive change in society. These efforts are not only inspiring but also highly commendable.

Your contribution toward making women and children self-reliant, safe, educated, and capable plays a vital role in the progress of society. The unwavering dedication and spirit of service shown by your team are truly praiseworthy and will undoubtedly serve as a guiding light for future generations.

I extend my heartfelt congratulations and best wishes to Akar Women Group and the entire team for this excellent work. May your exemplary efforts for the welfare of society continue to move forward with the same momentum.

(Krishna Gaur)

To,
Akar women group
Bhopal (M.P.)

मो. 9827046666

श्रीमती प्रियंका अनिल मिश्रा

पार्षद वार्ड क्र. 7



नगर पालिक निगम, भोपाल

निवास : 21, जानकी नगर
गुफा मंदिर रोड, लालघाटी,
भोपाल

क्रमांक

दिनांक 19th Sept '25

Appreciation Message for Akar Women Group –
“Manzile Aur Hum 2025 Women Achievers Award
Ceremony”



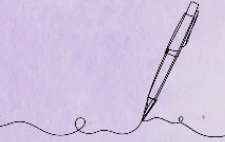
I am pleased to share my heartfelt appreciation for Akar Women Group for organizing the Manzile Aur Hum 2025 Women Achievers Award Ceremony. Attending this remarkable event was an inspiring experience, as it beautifully celebrated the achievements, leadership, and contributions of women from various walks of life.

The dedication shown by Akar Women Group in empowering women and creating meaningful opportunities for growth is truly commendable. The award ceremony not only recognized exceptional women but also highlighted the importance of supporting and encouraging women to pursue their dreams with confidence.

Prerna

श्रीमती प्रियंका अनिल मिश्रा
पार्षद वार्ड क्रं.-07
नगर पालिक निगम, भोपाल

FROM THE EDITOR



MRS MOHHEEB UNNIESA
PRESIDENT
AKAR WOMEN GROUP

A WARM WELCOME TO ALL THE READERS...

It fills my heart with immense pride and gratitude to present this special edition of our magazine — a celebration of courage, achievement, and the indomitable spirit of women.

For the past 26 years, my journey as an educationist has shown me that every woman carries within her a universe of strength, talent, and possibilities.

All she needs is a little faith, a little encouragement, and a platform where her voice can rise beyond limitations.

AKAR Women Group was born out of this belief — a collective vision to create a space where women uplift, support, and empower one another.

Over time, AKAR has evolved into a community where dreams are nurtured, leadership is developed, and transformation becomes a shared journey. Today, we stand united not as individuals, but as sisters committed to growth, purpose, and meaningful impact.

This magazine embodies stories of incredible women who turned challenges into opportunities and dreams into reality.

Their journeys remind us that success is never accidental — it is built on resilience, courage, and the willingness to try again after every fall.

As you read their experiences, may you feel the spark of inspiration, the warmth of solidarity, and the confidence to pursue your own path unapologetically.

Let this edition be a reminder that every woman has a story worth telling, and every voice deserves to be heard. Together, we are stronger.

Together, we rise. Together, we will continue breaking barriers and building bridges for future generations.

Warm regards...

FROM THE EDITOR



WARM GREETINGS BEAUTIFUL SOULS ,



MS. AKASHA AHMED
TREASURER
AKAR WOMEN GROUP

It is an honor and an emotional moment for me to share this edition of our magazine with you.

As someone young and still learning from life every day, working on this project has been nothing less than transformative. I have read every story, every journey, every achievement with admiration — and each page has taught me something invaluable about strength, resilience, and the beautiful power of sisterhood.

While compiling these inspiring stories, I realized that empowerment is not a grand gesture — it is built through small acts of courage, quiet determination, and a willingness to lift each other up. These women have faced challenges, shattered stereotypes, embraced growth, and emerged victorious — not because life was easy, but because they refused to give up.

Being a part of AKAR Women Group has shown me that when women come together with purpose, they can create movements, change narratives, and rewrite futures.

I feel blessed to witness such incredible journeys so closely and even more grateful to capture them for the world to see.

This magazine is not just a compilation of achievements — it is a celebration of dreams, passion, and unstoppable spirit. I hope these stories inspire you the same way they have inspired me — to think bigger, rise stronger, and believe in yourself without hesitation.



EMPOWERING WOMEN. INSPIRING COMMUNITIES. BUILDING FUTURES.



MOHHEEB UNNIESA
President - Akar Women Group

A devoted educationist with 26 years of experience, Mrs. Moheeb Unniesa has spent her life nurturing young minds and empowering women through guidance, strength, and compassion. With an unshakeable mission to uplift and support women from all walks of life, she stands as the heart and soul of Akar Women Group, leading with purpose, unity, and inspiration.

LEADING VOICES OF AKAR



ALMAZ AHMED
Educator & CEO – A.J. Furniture

A passionate educationist and successful entrepreneur who blends creativity with purpose. As the CEO of A.J. Furniture, she has built a trusted brand known for craftsmanship and excellence while continuing to contribute to education and student development.



DR RASHI SHRIVASTAVA
Ayurvedic Physician & Founder – AyurCure

A healer who promotes natural wellness and holistic health through Ayurveda. As the founder of AyurCure – The Healing Touch of Ayurved, she offers 100% natural, chemical-free products and therapies designed to heal the body, mind, and soul.



JYOTI SAHU
Educator

Dedicated to shaping young minds with patience, values, and modern teaching methods. Her commitment to academic growth and character building makes her a respected guide for students and parents alike.



PREETI TRIPATHI
Educator & Director – Maa Pitambara Coaching Classes

A strong advocate for value-based learning and empowerment through education. Through her coaching institute, she has transformed the academic journey of countless students, helping them unlock their potential and achieve success.

MEGHA PARMAR

A Sky of Dreams, A Peak of Courage

The First Woman from Madhya Pradesh to Conquer Mount Everest

From a small village in Bhoj Nagar, Sehore (M.P.), to standing on the highest peak on Earth, Megha Parmar's journey is a story of resilience, courage, and unbreakable determination. On 22nd May 2019, Megha etched her name into history as the first woman from Madhya Pradesh to summit Mount Everest, reaching a majestic height of 8,848 meters. Her extraordinary achievement continues to inspire thousands of young dreamers who dare to rise above limitations.

But for Megha, Everest was not the final destination—only the beginning of a mission larger than herself. She has since climbed the highest peaks across four continents, proving that true strength lies not only in reaching the top but in uplifting others along the way.

Megha is more than a mountaineer

She is a motivational speaker, scuba diver, and social reformer committed to empowering women and transgender individuals. Her powerful journey and inspiring words make her a sought-after speaker, invited by prestigious institutions and organizations across the country.

She has actively contributed to national initiatives including the “Beti Bachao, Beti Padhao” campaign, encouraging families to educate and empower their daughters.

Growing up in a humble background, facing financial and social obstacles, Megha carved her own path with discipline, courage, and unstoppable passion.

Today, she represents a new generation of Indian women—fearless, ambitious, and committed to change.



Through mountaineering, adventure sports, and public speaking, she continues to touch lives, especially young girls who look up to her as a symbol of strength and possibility.

MEGHA'S MESSAGE

“Dreams become reality when courage becomes your companion. Do not wait for the world to believe in you—believe in yourself and the world will follow.”

FROM SHADOW TO LIGHT: THE JOURNEY OF A BOSS LADY

Mrs. Sonal Sinha Shrivastava, born in 1983 in Vidisha, Madhya Pradesh, transformed from a shy girl into a confident professional through determination and courage.



A Civil Engineering graduate from SATI, Vidisha (2005), she also excelled in music and technical presentations. After working as a lecturer for three years, she completed her M.Tech from MANIT, Bhopal, and cleared the MPPSC exam twice. Since 2010, she has been serving with MPRDC, Bhopal Division, fearlessly handling responsibilities in a male-dominated field and inspecting road projects across multiple districts.

Her passion for fashion led her to the Mrs. MP Beauty Pageant, where she earned titles such as Mrs. Elegance, Mrs. Achiever, and Mrs. Beauty with Purpose. She has also received the Outstanding Services Award and was honored among the 100 Most Inspirational Women of Madhya Pradesh (2025).



HER STORY REFLECTS STRENGTH, INSPIRATION, AND SELF-GROWTH – PROVING THAT TRUE SUCCESS BELONGS TO THOSE WHO STAY ACTIVE, FOCUSED, AND FEARLESS.

SONAL SINHA 'S MESSAGE

My journey has taught me one simple truth — strength is not something we are born with, it is something we build every single day. Every challenge I faced shaped my resilience, and every milestone reminded me that discipline, integrity, and compassion are the real pillars of leadership. I believe that a woman’s courage can transform not just her own life, but the world around her. If we dare to stay committed and honest to our purpose, no dream is ever too far.

APEKSHA DABRAL

GRACE, GROWTH AND GLOBAL INFLUENCE



Apeksha Dabral's remarkable journey in pageantry began after a successful aviation career as an air hostess, where she worked with world-renowned airlines such as Qatar Airways and Kingfisher Airlines. Her years in the aviation industry polished her communication, discipline, and emotional intelligence — qualities that later shaped her confidence and public presence on prestigious stages. With passion and determination, Apeksha entered the world of pageantry, winning a regional crown that opened the door to national recognition. She went on to achieve the honor of Mrs. Indian Empress of the Nation 2023, representing grace, purpose, and resilience. Taking her mission beyond borders, she represented India at the global platform as Universal Woman India 2024, where she earned the esteemed title of International Social Project Winner. Her project focused on Menstrual Hygiene Awareness, advocating education, dignity, and accessibility for women — a cause deeply connected to community well-being and empowerment.



Apeksha believes that purpose strengthens a crown — and her journey reflects resilience, authenticity, and a deep commitment to meaningful change.

Apeksha is a Psychologist and Mindset Coach (NVC) and a Grooming & Personality Development Expert. She mentors individuals to overcome emotional and mental barriers, refine their raw talent, enhance their self-presentation, and step confidently into their true potential. She trains and grooms people in communication, stage presence, etiquette, and personal branding — transforming their rawness into refinement and excellence. Her empathetic yet empowering approach helps individuals build clarity, confidence, and purpose-driven success.



As the Director of Core Catalyst Growth Partners, Apeksha supports leadership growth, strategic development, and brand positioning for professionals and organizations, fostering collaborative and sustainable transformation.

Alongside her coaching and leadership ventures, she also champions sustainable fashion through:

Clad Closet by Apeksha Dabral
A thrift and discount fashion initiative promoting mindful, accessible, and eco-friendly style — making fashion both conscious and elegant.



At the heart of all her achievements stands her incredibly supportive family — especially her mother and her husband— who she describes as her pillars of strength. Apeksha believes in prioritising family first, and she makes them an integral part of every milestone, decision, and venture she pursues. Their unwavering encouragement keeps her grounded, balanced, and inspired to grow with humility, love, and purpose.



More than a titleholder, Apeksha is a changemaker using her voice, leadership, and compassion to uplift others. She redefines success not through applause or recognition, but through the lives touched and transformed along the way.

THE MULTIFACETED TRAILBLAZER

PRIYA TIWARI

Engineer, MBA, and M.Tech (Honours) in CSE, Priya Tiwari is a dynamic professional with over 12 years of corporate experience. A blend of intellect, elegance, and leadership, she has earned numerous accolades across diverse fields.

Crowned Face of Indian Pride Walk 2025 by Padmini Kolhapure and Queen's League Brand Ambassador 2025 for Panache Runway Fashion by Vishal Kapoor, Priya has walked thrice for Bombay Times Fashion Week and appeared in two music albums.

As National Director of Mr. Universe India 2025, she led India to major international wins including Mr. Universe Ambassador Top 2, Mr. Multimedia Universe, and Mr. Universe Asia 2025. A TEDx speaker, poet, social activist, and founder of Priya Fashion Events, she's also a state-level table tennis player and Star Alumni of IIPM.

Honored by celebrities like Sneha Ullal, Ameesha Patel, and Mahima Chaudhary, Priya Tiwari continues to inspire as a trailblazer who seamlessly blends beauty, brilliance, and purpose.

Major Achievements and Honors

- Mr. & Miss Glamour India 2025 – National Director
- Indian Pride Awards – Face of the Year 2025
- Madhya Pradesh Gaurav Ratna Award 2025
- Naari Ratna Iconic National Award 2025
- National Women Excellence Award 2025
- J J Crown Magazine (2025 edition) – Featured Personality
- Global Women Pride Award 2025 – Featured Personality
- Diva Iconic India Women Pride Award 2025
- “Meri Udaan Meri Pehchaan” – Sanskar Sudha Foundation
- Classic Women Award – Shristi Club Bhopal (for beauty and glamour category)
- Naari Ratna Samman 2025 – Honored by Jaya Pradha
- Jyoti Sanjeevani – Honored as an Influential Personality
- Khushi Welfare Society, Bhopal – Honored as Chief Guest
- She Splash Award – Honored as “Outstanding Model and Influential Personality”
- Daily Herald Magazine – Brand Ambassador
- Bharat News Times – Rising Excellence Award 2025
- Diva Planet Magazine – Honored as an Inspiring and Influential Woman
- Bollywood Fashion Event – Ramp Walk as Designer Vishal Kapoor's showstopper
- Panash Runaway Fashion League 2025 – Season 5 Brand Ambassador
- Central India 2023
- Miss International Icon of India 2023
- Miss Ultimate Diva 2023
- Miss Popular 2023
- Miss Beauty with a Purpose 2023
- Miss Best Dressed 2023
- Miss Golden Heart 2022
- Miss Beauty with a Purpose 2022
- Miss India Queen 2022



Guiding destinies with intuition and numbers

Ruhi Rai is a renowned Numerologist and Tarot Card Reader, known for bringing clarity and confidence into people's lives. Through her trusted platform, The Divine Ruhi, she has helped individuals overcome challenges, discover opportunities, and connect with their inner strength. Recognized by Google as the Top Numerologist of Madhya Pradesh, Ruhi's guidance has earned deep respect and a strong following across the nation. Her intuitive approach, accurate readings, and compassionate counseling make her a true catalyst for positive transformation.

With every session, she lights the path for others to manifest growth, happiness, and success.



Instagram id - the_divine_ruhii
Contact number - 9171371310

With years of expertise in metaphysical sciences, Ruhi has helped countless individuals navigate challenges related to career, relationships, finance, and personal growth. Her consultations are not just predictions — they are transformative journeys toward self-awareness and empowerment.

Ruhi quotes, "I believe that every difficult moment comes to show us a new path — and if we embrace it with an open heart and mind, it can become a means of our identity and success."

Wellness Warrior with a Crown of Confidence



SSALONI GARHWAL
FITNESS COACH

Ssaloni Garhwal is a renowned Wellness Coach and a shining name in the pageant world. She proudly earned the title of 1st Runner-Up — Felina International Mrs. India, inspiring countless women to chase their dreams fearlessly. Her mission is simple yet powerful — to help every woman embrace a healthier mind, body, and lifestyle, because true elegance radiates from within.

Whether on stage or in sessions, Ssaloni inspires women to prioritize themselves, embrace wellness, and celebrate their unique beauty inside-out.

Health Transformation Journey

My health journey has been truly transformative — far beyond just weight loss. I successfully lost 10 kg and 5 inches, resulting in visible toning, improved body shape, and a newfound sense of lightness.

Along the way, I reversed my long-standing kidney and urinary infection through lifestyle changes, overcame frequent low BP episodes with increased energy and stability, and even discovered and brought thyroid imbalance under control, which had previously stalled my progress.

Today, I stand healthier, stronger, and more confident — proof that dedication, awareness, and consistency can transform not just the body, but life itself.

AYURCURE – THE HEALING TOUCH OF AYURVEDA

Pure • Natural • Traditional • Effective

AyurCure – The Healing Touch of Ayurved is a wellness brand rooted in the timeless science of Ayurveda and thoughtfully created to bring natural healing into modern living. The brand was founded by Dr. Rashi Shrivastava, an Ayurvedic Physician committed to restoring holistic health through ancient, authentic, and chemical-free remedies. Along with her husband Dr. Rishi K. Khare (B.D.S.), she has built AyurCure as a trusted name dedicated to 100% natural, preservative-free formulations that target everyday health concerns with safe and powerful results. With a focus on traditional preparation methods and pure ingredients, AyurCure offers therapeutic solutions that promote relief, rejuvenation, and overall well-being



AYURCURE SIGNATURE PRODUCTS

1. Pain Relief Oil

Targets joint pain, back pain, muscle pain & period cramps

Available Sizes:

- 30 ml – ₹150
- 50 ml – ₹250
- 100 ml – ₹350
- 500 ml – ₹650

2. Pain Relief Balm

Highly effective for headaches, migraine, sinus pain & neck stiffness

Size: 8 g – ₹120

3. AyurCure Skin Cream & De-Tan Scrub

For glowing, nourished & even-toned skin

- Skin Cream: 15 g – ₹260
- De-Tan Scrub (Face & Body): 50g- ₹120



WHY AYURCURE?

- ✓ 100% Natural
- ✓ Preservative & Chemical-Free
- ✓ Hand-crafted Formulas
- ✓ Safe & Effective
- ✓ Doctor-Developed
- ✓ Root-Cause Healing



ONLINE DELIVERY AVAILABLE ACROSS INDIA

CONTACT NUMBER - 9424008947

EMAIL ID - RASHUAPR8@GMAIL.COM



“Ayurveda is not just treatment—it is balance, purity, and the art of living in harmony with nature.”

– Dr. Rashi Shrivastava, Founder – AyurCure

NEW GENERATION, NEW THINKING – A SHARED RESPONSIBILITY



Today's era is an era of knowledge, ideas, and innovation. Our students are no longer confined to books; they have begun to understand and observe the world with a new perspective. As a professor, I experience every day that a little inspiration, positive support, and proper guidance can shape a child's entire personality. Our children will become the leaders, innovators, and changemakers of tomorrow. They need not just academic learning, but curiosity to explore, courage to rise after mistakes, and maturity to understand the world. In this journey, the contribution of both teachers and parents is extremely important.

“The journey of learning becomes beautiful when parents inspire and teachers illuminate the path.”

Parents give children confidence, and teachers give them direction. When these two pillars stand together, every student can reach their true identity and potential. We must provide an environment where children can dream without fear, experiment freely, and write their own stories of success through hard work.

Let us work together to build a generation that is not only successful, but also sensitive, responsible, and thoughtful.

-MS PRIYANKA TOMAR

PROFESSOR

SMILE. SHINE.SUCCEED. THE CHANDNI BHARTI WAY

A name that shines bright in both academia and pageantry. Dr. Chandni Bharti is a distinguished Consultant Orthodontist and Professor at People's University. Bhopal. Known for her precision in dentistry and her poise beyond the clinic, she beautifully balances her professional excellence with her personal passions.

Her journey is one of quiet strength and constant evolution from her early academic pursuits to becoming an inspiring educator who believes in nurturing not just skill but spirit. Loved by her students for her warmth and admired by peers for her professionalism, Dr. Bharti stands as a role model who blends compassion with clinical precision.

Honored with the title of Cynosure's Super Mom 2025, she beautifully represents the modern woman balancing responsibilities, relationships, and her passion for dentistry with effortless poise. For her, success is not measured merely by titles or milestones but by the joy of living each moment with authenticity and love.

Guided by her heartfelt mantra, "Love and live every moment to the fullest," Dr. Chandni Bharti continues to inspire everyone around her proving that when purpose meets passion, life becomes truly extraordinary.



"An orthodontist by profession, a queen by spirit -turning clinical precision into pageant poise."

WHERE EDUCATION BECOMES A MOVEMENT

Mrs. Khushboo Pawan Sachdeva is an inspiring figure who has redefined education beyond textbooks and classrooms, turning it into a powerful medium for social development and women empowerment.

A strong advocate of holistic learning, she believes that a truly good school must not only ensure academic excellence, but also instill character, sensitivity, empathy, and resilience in child.

Her vision is to create a school culture that celebrates diversity, nurtures inclusion, and preserves India's traditional values. Ceremonies like Surya Jal Sanskar and Vidya Aarambh Sanskar, celebration of all Indian festivals, and community service initiatives at old-age homes, orphanages, and underprivileged areas are integral to the philosophy of her institutions.

Beginning as a humble teacher, today she stands proudly as the Founder, Director, and Academic Leader of Achieving Scholars Public School, Indore, and Achieving Scholars Pre-School, Dhar. Under her leadership, the schools have set high academic standards while nurturing students in life values, confidence, and co-curricular excellence.

Her innovative initiative — the ASPS Franchise Model — is a unique entrepreneurship platform designed especially for women and young educators. The model provides access to preschool franchise opportunities with minimal investment, zero royalty, and an earning-based partnership model. Rather than focusing on profit, the system prioritizes employment creation, dignity of work, and women-driven leadership — a pioneering example of social impact entrepreneurship in education.



REDEFINING WOMEN WELLNESS IN BHOPAL

For over 36 years, Dr. Praveena Agrawal has been a trusted name in women's healthcare — a renowned obstetrician and gynecologist whose commitment, compassion, and clinical excellence have touched thousands of lives.

As the founder of the esteemed Jeevan Jyoti Maternity & Nursing Home (Since 2002), Dr. Agrawal has been at the forefront of gynecological advancements in Central India. A specialist in infertility treatment and sonography, she is also credited with pioneering stitches-free, one-day hysterectomy in Bhopal — a technique she mastered in Chennai and introduced to the city with great success.

Today, this visionary healthcare leader is set to transform women's wellness once again with the launch of Cosmetic Gynae-Laser — Bhopal's first state-of-the-art center dedicated to aesthetic gynecology.

Bringing metro-city innovation to the heart of Madhya Pradesh, Cosmetic Gynae-Laser offers world-class, laser-assisted treatments designed to support the modern woman's intimate wellness and aesthetic goals. From non-invasive rejuvenation to HIFU face-lifting, fat reduction, laser hair removal, Mommy Makeovers, post-delivery rehabilitation, and more — every procedure is delivered with medical precision and aesthetic finesse.

Dr. Agrawal's new venture addresses the evolving needs of today's empowered women — women who seek not just health, but confidence, comfort, and compassionate care. With globally certified equipment, advanced technology, and a deeply personalized approach, Cosmetic Gynae-Laser promises the highest standards of privacy, innovation, and trust.



**Where Expertise Meets
Aesthetics —
Because Every Queen
Deserves to Feel Her
Best, Inside and Out.**

Crowning Grace Glowing Confidence



**Crown, Confidence &
Creativity
That's Khushboo Soni**

Khushboo Soni is the embodiment of today's modern woman: ambitious yet compassionate, glamorous yet real.

Crowned Mrs. Madhya Pradesh Runner-Up 2022 and honored as the Queen of Madhya Pradesh 2025, Khushboo's journey from stage to spotlight is a testament to perseverance and poise. Her story inspires countless women who dare to dream beyond boundaries — proving that true beauty lies not just in how you look, but in how you live, lead, and lift others along the way.

As the visionary Founder of the GlamMom Talent Show, she has created a unique platform that celebrates motherhood in all its strength and splendor

Adding yet another jewel to her crown, Khushboo Soni is also the proud Owner of SilverGlam Jewellery, a brand that mirrors her personal philosophy — timeless beauty with a contemporary twist. Khushboo Soni continues to prove that success is not defined by titles, but by the light you spread wherever you go.

KASHI VASTRAM BY JYOTI PARIHAR

HANDWOVEN DREAMS, DESIGNED TO SHINE

In a world where dreams are often delayed by responsibilities, Jyoti Parihar proves that passion has no expiration date. The founder of Kashi Vastram, she stands as a remarkable example of how determination, resilience, and creativity can turn aspirations into reality — even after marriage and motherhood.



A DREAM REBORN

Jyoti's dream of becoming a fashion designer began long before marriage, but life responsibilities led her to put it on hold. She always carried that spark within — a quiet passion waiting for its moment. Years later, after marriage and having children, she reignited that dream with even greater strength and purpose. What she once could not pursue earlier, she accomplished with grace and excellence — proving that a woman can rise at any stage of life, and that dreams delayed are never dreams denied.

THE SPARK THAT STARTED IT ALL

Her passion for designing blossomed in 2010, when she began creating her own outfits for special occasions — including her wedding ensemble, beautifully designed by her own hands. What started as a hobby soon ignited into a powerful calling. She stepped into the professional creative journey through Prabhakar Vastram, participating both as a designer and model — a moment that shaped her artistic identity and opened a new chapter in her life.

PAGEANTRY: THE TURNING POINT

Jyoti's life took an inspiring transformation when she entered the world of beauty pageants. Wearing outfits designed by herself, she received immense admiration and recognition, which fueled her confidence and led her to dream bigger.

Crowned Achievements:-

Mrs Bhopal 2019

Mrs Bhopal 1st Runner-Up 2022 (Beyond Events)

Mrs Central India 2023 – Beauty With Purpose & Mrs Talented Title Holder

First Prize – Fashion Fusion Contest, Sage University (Judged by celebrity designers Rocky Sir & Rishi Sir, Mumbai)

DESIGNING FOR PAGEANT QUEENS WORLDWIDE

Her creativity quickly earned her prominence in international pageant costume design. Today, she proudly represents India on global platforms through her work:

Apeksha Dabral – National Costume, Universal Women Sri Lanka 2024

Dr. Jagriti Aggarwal – Day Outfit for Mrs Classic Universe, Malaysia 2025

Neha Tiwari – Headgear for National Costume Round, Mrs Universe South Korea 2024

Manisha Anand – Designed outfit for Mrs India Empress of the Nation, winning Best Dressed

Her custom-designed creations now travel internationally, shipped to the USA, marking global recognition for her artistry.

BIRTH OF KASHI VASTRAM

Her first runway in January 2024 marked the beginning of her brand identity. When asked the name of her label, she proudly declared: Kashi Vastram. A tribute to Lord Shiva and Mata Parvati, where Kashi means light and brilliance, Vastram means clothing.

Together they signify:

"Clothing that shines with culture, devotion, and elegance."

She has since showcased runway collections in Indore, Bhopal, and Jabalpur, and expanded into custom outfits, footwear, hampers, jewellery, and couture productions.

A FAMILY THAT MADE EVERY DREAM POSSIBLE

Behind every strong woman stands a pillar of support — and for Jyoti, that pillar is her husband, who has been her constant strength and motivation. He believed in her talent even when she doubted herself, supported her choices, and stood proudly beside her while she built her identity. Her children remain her greatest inspiration and the reason she continues to grow stronger each day.

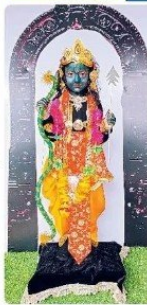
काशी VASTRAM



पत्रिका

कॉम्पिटिशन

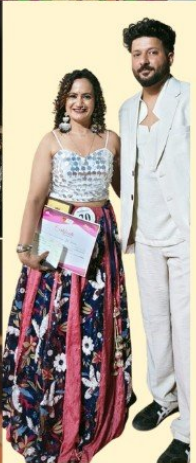
देखने वालों ने किए राम लला के दर्शन



अयोध्या के राम बन पूर्णा ने जीता प्राइज

पत्रिका pabrika.com

भोपाल, स्कूल में आयोजित हुई फैसी ड्रेस कॉम्पिटिशन में जीते ही 4 साल की पूर्णा परिवार में चर्चा का केंद्र बन गईं। इसमें कि देवने वाली ने अयोध्या के राम लला के दर्शन कर लिए। मंच पर नन्ही बच्ची के रूप में 'बालक राम' की देख स्कूल के प्रिंसिपल, शिक्षक, अभिभावक, जुड़े सदस्य से लेकर दर्शक आदि सब के सब चकचकीत रह गए। सभी उनकी छंद सारी तस्वीरें खींचने लगे। सेल्फी के लिए भी लाइन लग गई। इतना ही नहीं, फैसी ड्रेस प्रतियोगिता में पूर्णा परिवार को राम लला के मनोहर मंडप के लिए प्रथम पुरस्कार प्राप्त हुआ। यहां से कि पूर्णा के-ली 1 में चयन हुईं और उनकी मा एक ड्रेस डिजाइनर हैं। उन्होंने ही इस ड्रेस को तैयार किया था और मेकअप भी करवाया था। ड्रेस में बारिकियों का बेहद ध्यान रखा गया। मोंके पर मनमोहक वेलाभूषण, आभूषण, मेकअप और राम जी की सुंदर प्रस्तुति के लिए अभिभावक को सम्मानित किया गया।





AKAR AWARDEE 2025

Recognition of women who stand as pillars of strength, excellence, and inspiration — women who are constantly working, creating, leading, and excelling in their professions with unmatched dedication and passion.



Alka Thakur
Social Media influencer



Almaz Ahmed
Educator



Chaitali Patil
Sports Anchor



Dr Chandni Bharti
Orthodontist



Divya Sahu
Principal



Dimpal Parashar
Founder
Rang e naari



Irum Siddiqui
News Anchor



Jyoti Sahu
Educator



Jyoti Parihar
Fashion Designer



AKAR AWARDEE 2025



Dr Khusbu Sachdev
Principal



Kritika Mishra
News Anchor



Meena Verma
Educator



Dr Payal Parihar
Dietician



Poonam Shahi
Educator



Priti Tripathi
Educator



Prerna Rajput
Lawyer



Dr Rashi Shrivastava
General Physician



Rajni Krishnani
Beautician



Ruby Singh
Paegent queen



Rupal Saini
Fine art Artist



Rupal Shrivastava
Entrepreneur



AKAR AWARDEE 2025



Dr Sapna Bhagtani
Academician



Sapna Nagar Bhardwaj
Educator



Dr Sarita Vidoriya
International Yoga Champion



Dr Seema Darayan
Physiotherapist



Shivani Sahu
Beautician



Shruti Valuskar
Educator



Sonal Mudgal
Educator



Sumaiya Kashif Shahid
Educator



Dr. Vibha Sharma
Educator



Vanshika Khatwani
Entrepreneur



A.J. FURNITURE

All kinds of furniture and interior decorator

Since 2016, we specialize in manufacturing high-quality sliding almirahs and custom furniture for homes and businesses.

At AJ Furniture, we design and build durable, stylish, and affordable furniture to match your space perfectly.



OUR KEY FEATURES

- **MODERN DESIGN**
- **STRONG BUILD**
- **CUSTOM MADE**



Apart from sliding wardrobes, AJ Furniture manufactures all kinds of furniture, including

- beds
- TV units
- office tables
- sofa sets
- display units
- children's furniture



"Every product we create at A.J. furniture is thoughtfully designed to meet the unique needs of our customers. We focus on quality, strength, and long-lasting performance, ensuring furniture that stands the test of time . Your satisfaction is our priority."

~ Javed Ahmed, Owner A.J. Furniture



Now available on EMI



Visit us at - Shop no.1, Near Gayatri Nagar, Nizamuddin colony, Indrapuri road, Bhopal

Contact number:9300023426 8770358634

Aligning Energies, Unlocking Possibilities

Shweta Vijayvargiya is a renowned Gold Medalist Numerologist and Vastu Expert, widely respected across India and abroad for her extraordinary contributions in the field.

Based in Aakriti Retreat, Bawadia Kalan, Bhopal, she has been transforming lives for the past 14 years through her deep expertise in Numerology and Vastu. Today, she proudly serves over 40,000 clients globally, many of whom express profound satisfaction and credit remarkable life improvements to her guidance.

Her clientele extends far beyond India, including individuals from the USA, Australia, Singapore, Sri Lanka, Nigeria, UK, Canada, Doha, Dubai, and Saudi Arabia, reflecting her international recognition and trust.



Through precise calculations of date of birth and name numbers, Shweta provides insight into challenges related to career, health, finances, legal matters, marriage, children, family concerns, and emotional well-being. Her remedies and counselling have helped countless individuals experience breakthroughs and long-term stability. Numerology, under her expertise, offers accurate understanding of past, present, and future, enabling people to make powerful decisions with clarity. Shweta also specializes in Vastu Shastra, aligning energy balance through the five elements to create spaces that are peaceful, harmonious, and progressive. Her Vastu guidance has helped people resolve long-standing issues and create impactful positive change in both homes and workplaces.

SHWETA VIJAYVARGIYA – 9329676470

Currently, she serves as Secretary of Jyotish Vichar Manch, Bhopal, and has been honored by numerous respected astrology and social institutions. Her work continues to bring recognition not only to her profession but also to the city of Bhopal on a global stage. Throughout her remarkable journey, Shweta Vijayvargiya has been honored with numerous prestigious recognitions, including the Gold Medal in Numerology & Vastu, Saraswat Samman, Jyotish Gaurav Samman, Millennium Award, Vedang Bhushan Samman, Swati Nakshatra Award, and the Best Numerologist Award. Her achievements also include the Astro Vastu Achievement Pride Award, MAVE Shine Award 2024, Jyotish Mragank Award, and the distinguished Global Gaurav Top 10 Award 2025, reflecting her outstanding contribution and global influence in the field.

Empowering Special Minds with Heart & Science



Rajinder Kaur is an inspiring education professional with a strong academic foundation, holding a Graduation, Post-Graduation, Diploma in Early Childhood Care & Education, Parent-Child Counseling, and a B.Ed in Special Education (Learning Disabilities). With 13 years of experience, she is currently serving as the Academic Coordinator at LNCT World School, where she works passionately for the development and inclusion of special children.

Committed to social contribution, she provides free counseling for children from financially challenged backgrounds, ensuring that support and guidance reach those who need it most.

A fitness enthusiast and believer in holistic healing, Rajinder is actively exploring Ayurveda-based natural therapeutic methods to help special children progress through non-invasive, natural approaches.

Her dedication reflects a powerful mission — to transform lives with compassion, knowledge, and innovative care.

A Dynamic Legal Scholar and Voice of Empowerment

Perna S. Rajpoot is a dedicated lawyer and academician known for her strong command in the legal field and her commitment to social empowerment. Currently pursuing her Ph.D. from Barkatullah University, she has published research papers in ten national and international journals, reflecting her excellence in legal scholarship. Her remarkable achievements have earned her prestigious honors such as the Rani Kamlapati Award, Savitri Bai Phule Award, National Power Award, and the Best Paper Researcher Award.

Professionally, she has worked as a Researcher in the Food and Consumer Department, Government of Madhya Pradesh, and served as Guest Faculty at Barkatullah University's Department of Law. A dynamic public speaker, Perna regularly appears on platforms like Doordarshan, Akashvani, and Red FM, spreading awareness on women's law, criminal law, and environmental law. She actively conducts training and legal guidance programs for underprivileged and illiterate communities.

Alongside her academic and legal pursuits, Perna is passionate about poetry, shayari, and fitness, and is also a marathon participant and recipient of prestigious beauty pageant titles, including Miss & Mrs. Central India (Regal Beauty). Her journey reflects a blend of intellect, creativity, discipline, and purpose.





THE FIRST STEP SCHOOL

Develop and Learn through Fun & Creativity

Celebrating 12 Years of Excellence in Early Childhood Education



Every remarkable journey begins with a single step and for thousands of young learners, The First Step School (TFS) has been that important beginning.

For the past 12 years, TFS has stood as a trusted symbol of quality, care, and excellence in early education, shaping confident, creative, and compassionate young minds.



Behind every inspired student is a dedicated teacher, and TFS takes pride in its team of passionate educators. With warmth and creativity, the teachers at TFS create a safe and joyful learning environment where every child feels seen, heard, and supported. Their guidance empowers students to dream big and believe in themselves.



Founded with a vision to create a nurturing and inspiring learning environment, The First Step School has grown into a vibrant community of students, parents, and educators who believe in holistic development. The school's journey reflects passion and perseverance, built on strong values, innovation, and a commitment to shaping bright futures.

Over the years, TFS has expanded its reach with multiple branches and a reputation for providing joyful and meaningful learning experiences.

The school celebrates not just academic achievements, but every milestone — every smile, every new idea, and every courageous step taken by its students.

In a rapidly changing world, character is one of the greatest strengths a child can possess.

The First Step School places deep importance on values such as empathy, honesty, respect, and kindness. These values are woven into everyday interactions and activities, helping young learners become responsible and compassionate individuals.



Learning at TFS extends far beyond the walls of a classroom. The school embraces interactive and experiential methods that allow children to explore, discover, and express themselves freely. From creative art sessions and music explorations to science experiments and outdoor activities, TFS fosters curiosity and imagination.

Here, education is an exciting adventure — filled with hands-on learning, cultural celebrations, and opportunities that help children evolve into thinkers, innovators, and leaders of tomorrow.



Janvi A Sharma
Principal, TFS

PRINCIPAL'S DESK

I believe that every child carries within them a world of endless possibilities.

At The First Step School, our mission is to provide the right environment, guidance, and inspiration to help those possibilities grow into confidence, creativity, and compassion. For the past 12 years, we have been committed to shaping young minds through joyful learning, strong values, and a holistic approach to education. We take pride in watching our students learn, explore, and discover their strengths each day. As we look to the future, we remain dedicated to nurturing responsible and capable citizens who will contribute positively to society.

Branch No.1

Lalghati

Branch No.2

Bairagarh

Branch No.3

Kohefiza

+ 91 8109006920 + 91 8305551114

Empowerment is Her Practice. Change is Her Legacy.

Aayushi Singh is not just a lawyer — she's a changemaker.

A passionate advocate for women's rights, children's protection, and environmental justice, Aayushi blends her legal expertise with a deep sense of social responsibility.

Armed with a BA, LLB and an LLM in Corporate and Finance Law, she has further strengthened her impact through certifications in POSH, POCSO, and Corporate Training, enabling her to guide organizations in building safer, more inclusive workplaces. Her Diploma in Human Rights Development from Harvard University added a global dimension to her understanding of justice and equality.

As the Founder of the Integrated Environmental Planning Research Organisation (IEPRO), Aayushi leads initiatives that connect health, environment, and human development, reflecting her belief that sustainability begins with compassion and awareness.

Having collaborated with several NGOs on issues such as women's empowerment, mental health, and environmental protection, Aayushi continues to be a strong advocate for equitable and sustainable development. Her work embodies the idea that law is not only about justice—it's about empathy, empowerment, and lasting change.



Driven by her vision and fueled by purpose, Aayushi Singh stands as a reminder that when passion meets purpose, transformation follows.

An Engineer Who Designed Her Own Destiny



For Rachana, life is not about perfection — it's about progress. Whether through engineering, motherhood, fitness, or art.

From managing megawatts to motivating minds, Rachana Verma has truly redefined what it means to be powerful. An accomplished electrical engineer, Rachana dedicated 15 years of service to the Madhya Pradesh Electricity Board, contributing her skills and discipline to a demanding field traditionally dominated by men. After a successful career, she made the heartfelt decision to step away from her profession to focus on raising her twin sons — a choice that reflects her deep sense of responsibility and strength. Yet, this was not a pause in her journey — it was the beginning of a remarkable new chapter.

Over the past five years, Rachana underwent an incredible personal transformation, shedding 25 to 28 kilograms through sheer determination and perseverance. Her story of self-discipline and resilience has become a beacon of inspiration for many women who struggle to find themselves amidst life's responsibilities.

In 2025, her confidence, elegance, and poise shone through when she was crowned Runner-Up at the Mr. & Mrs. Madhya Pradesh Beauty Pageant, proving that true beauty lies in courage, conviction, and self-belief.

Beyond her personal milestones, Rachana channels her creativity into crafting decorative items from scrap materials, turning discarded objects into art that celebrates sustainability and imagination. Her unique talent not only beautifies spaces but also sends a powerful message — that with the right vision, nothing is truly waste.

Today, Rachana Verma stands as an inspiration to women everywhere — showing that reinvention has no age, and strength wears many forms. Whether in a lab, a workshop, or on a stage, she continues to empower others to embrace change, chase confidence, and celebrate themselves.

Raksha Pandey: From Zero to Global Recognition

In a world where dreams often fade before taking shape, Raksha Pandey stands as a shining example of what determination and vision can achieve. Born on 06 August 1990 in Bhopal, Madhya Pradesh, Raksha grew up with a belief instilled by her parents—hard work can transform destiny. An MBA graduate from IIM Pune, she began her professional journey as the Director of Falcon India, contributing significantly to major projects and establishing herself as a dynamic leader. Her excellence was recognized early when she earned the prestigious title of India’s No.1 in All India Business by LIC in 2018.



THE BEGINNING OF AKUDOS BY RAKSHA

In 2024, driven by a desire to bring Indian craftsmanship to the global stage, Raksha decided to start from scratch. With an initial capital of just ₹2 lakh, she launched her fashion brand “AKUDOS.” Her early days were filled with challenges—managing finances, balancing motherhood, and entering a competitive industry. Yet, every obstacle strengthened her resolve, and inspired by her husband and children, she continued her journey with unwavering courage. What began with a small collection of ethnic and fusion wear soon transformed into a label recognized for authenticity and elegance. Within only six months, the brand achieved an impressive ₹40 lakh turnover, marking a meteoric rise.



GLOBAL FOOTPRINT & PRESTIGIOUS ACHIEVEMENTS

Raksha’s dedication soon gained international admiration. In March 2024, she represented India at the Namaste Bharat Event in Singapore, where she was honored with the “Best Presentation in Business & Entrepreneurship from Around the World” award. Her exceptional presentation received special appreciation from Bollywood actress Bhagyashree, adding another milestone to her global journey.



Back home, her leadership and rising influence were acknowledged when she was awarded the “New Emerging Women Entrepreneur” honor by Rotary Smart City Hills. Today, AKUDOS has established a strong national presence through platforms like Amazon, Flipkart, Meesho, IndiaMART, and Export India. The brand is also preparing for exports to Dubai, Australia, Colombia, Kuala Lumpur, and Singapore in 2025.

FAMILY: HER STRONGEST PILLAR OF STRENGTH

Behind Raksha’s remarkable journey stands her biggest support system—her husband and children. Her husband has been her constant motivator, encouraging her to dream bigger and rise stronger through every challenge. Her kids, whom she lovingly calls her “lifetime models,” bring endless joy and inspiration to her creative process. From trying outfits to giving innocent, honest feedback, they have become an inseparable part of AKUDOS’s growth and identity. Their presence continues to fuel her passion and reminds her every day of the purpose behind her success.



EMPOWERING WOMEN & SOCIETY

Beyond business, Raksha is equally committed to social upliftment. She is an active member of Vishwa Samaj Seva Sangh and Rotary Smart City, contributing to initiatives focused on women empowerment, education, and skill development. With nearly 25 employees, most of them women, her company stands as a symbol of empowerment and “Vocal for Local.”



She Believed, She Achieved, She Shines



As it's said, "Passion is a flame that never dies in the heart of someone who dares to achieve."

For Geetanjali Shiitoley, this flame has always burned bright — guiding her journey from entrepreneur to beauty queen.

A dynamic real estate consultant and entrepreneur at Geetosh Multi Pvt. Ltd., Geetanjali has always believed that dreams don't fade — they wait for the right moment to rise. Her long-cherished aspiration of stepping into the world of glamour and pageantry found its moment when she discovered the Mr., Miss & Mrs. Madhya Pradesh 2025 – Season 3 pageant online.

What began as a spark soon turned into determination.

Amidst a vibrant audience, Geetanjali Shiitoley shone brilliantly, winning the coveted titles of Best Dancer and Best Talented in the Mrs. Madhya Pradesh – Gold Category. Crowning her achievements, she was also honored with the prestigious Mrs. International – Gold Category title — earning her a spot on the international stage in 2026.

Grateful and grounded, Geetanjali humbly credits her parents, family, and friends for their constant support and encouragement throughout her remarkable journey.

She believes, "Dreams may rest for a while, but they never fade. With faith, effort, and fire in the heart — they rise again, brighter than ever."

Grace in Action, Passion with Purpose



Poised, talented, and determined Mrs. Richa Saxena embodies the modern Indian woman who balances ambition with elegance.

Her journey is a story of hard work, creativity, and unshakable confidence.

A graduate of Rajiv Gandhi Mahavidyalaya, Richa has always believed in learning beyond boundaries. She holds diplomas in both NTT (Nursery Teacher Training) and Fashion Designing, reflecting her versatile personality and love for both education and aesthetics.

Her remarkable journey took center stage at the Mr. & Mrs. Madhya Pradesh 2024 pageant, where she won titles like Regal Beauty and Most Talented, along with being recognized as the Big Performer on Big Memsaab FM Radio. In 2025, she added another feather to her crown by receiving the prestigious Madhya Pradesh Gaurav Ratna Award.

Currently serving as an Operations Executive at Berg Technology Company, Richa continues to balance professionalism with poise. Her story is a shining example of how dedication and self-belief can turn every dream into reality.

Richa Saxena quotes, "I believe in balancing elegance with effort — because true beauty begins where hard work meets heart."

EDCAREERS HR SOLUTIONS

"Your Trusted Partner in Recruitment"

A POWERFUL VISION LED BY FOUNDER & DIRECTOR,
MRS. HIMANI BHATNAGAR

In today's rapidly evolving business environment, where companies struggle to find the right talent at the right time, EdCareers HR Solutions has emerged as a trusted recruitment partner committed to excellence, transparency, and results.

Founded in 2024 by Mrs. Himani Bhatnagar, an experienced HR Consultant with over five years of expertise in talent acquisition and end-to-end hiring services, the company has quickly earned recognition across India for its quality-driven approach and deep understanding of organizational needs.

Based in Bikaner, EdCareers HR Solutions operates as a pan-India recruitment firm, efficiently handling hiring for clients across Rajasthan, Madhya Pradesh, Uttar Pradesh, Maharashtra, Gujarat, Punjab, Delhi NCR, Bihar, West Bengal, and more. Himani works as a sole recruiter, personally overseeing every step of the hiring process—from candidate sourcing and screening to interview coordination, onboarding, background verification, salary negotiation, and 90-day post-joining support. Her belief in "Quality over Quantity" has built long-term trust with clients who value precision and reliability in recruitment.



With a vision to expand globally and build stronger hiring ecosystems, EdCareers is setting new standards in recruitment—helping organizations build teams, build futures, and build success.

At EdCareers HR Solutions, we don't just fill vacancies we help build teams, drive growth, and support founders and HR leaders in achieving their business goals. Whether you're scaling fast or need urgent support, we're here to make the process smoother, faster, and more effective. Partner with us for reliable, quality-focused recruitment services backed by genuine care and communication

EdCareers specializes in recruitment for a wide range of sectors including IT & Software, Manufacturing, Real Estate, Construction, Retail, FMCG, Logistics, Healthcare, BFSI, Agriculture, Telecom, and Leadership roles, ensuring tailor-made hiring solutions for urgent and critical positions. The company leverages advanced recruitment platforms including LinkedIn, Naukri, Indeed, Monster, Hirect, WorkIndia, and many others—ensuring a strong candidate pipeline and accurate job-fit matching. Before establishing EdCareers, Himani gained extensive experience working with respected organizations such as Verve Logic LLP (Jaipur), Egnoto Technologies (Jaipur), Aspire Softserv Pvt. Ltd (Ahmedabad), and Peer to Peer HR Services (Udaipur). Her contribution to successful hiring projects for renowned brands including Novergy Energy Solutions, Reliance Chemotech, Rajendra Toyota, Liberty Furniture, Valia Logistics, Western Drugs, and several others reflects her strategic expertise and professional excellence. At the core of EdCareers is an ethical promise—the company never charges candidates and follows a transparent billing model with a free replacement guarantee within 90 days, ensuring complete peace of mind for clients.

FOUNDER'S MESSAGE



Hiring is not about filling positions — it's about building teams that grow together.

My goal is to connect the right talent with the right organization with honesty, precision, and commitment.

Himani Bhatnagar

Founder, EdCareers HR Solutions

Address - JNV Colony, 5D102, Bikaner
Website - www.edcareershrsolutions.com

Contact number - 6378766682
Email ID - founder@edcareershrsolutions.com

WHERE COMPASSION MEETS SCIENTIFIC LEARNING

Mrs. Huzefa Khan, The Director of The Crayons School, Bhopal, is an inspiring early-childhood education leader who combines scientific insight with the warmth of motherhood to create a nurturing learning environment for young children. As a mother of two, she deeply understands the emotional and developmental needs of early learners, and this understanding reflects in every corner of The Crayons School. Under her leadership, the school has become a trusted space where children feel safe, valued, and encouraged to explore their natural curiosity. With child-friendly classrooms, sensory and science play corners, and emotionally supportive teaching practices, she ensures that every child learns with joy and confidence. Guided by her vision of raising “Born Scientists,” she promotes hands-on learning through mini science labs, experiments with water, light, colour, and magnets, along with outdoor nature walks and self-expression activities. Her approach emphasizes creativity, curiosity, critical thinking, and emotional strength rather than pressure or competition.



Huzefa Khan
Director, The Crayons School

Her achievements reflect her dedication—The Crayons School has been ranked #1 in Bhopal in the India Early Childhood Excellence Index 2025, recognized for its innovative curriculum and child-centric learning systems. She has also been awarded Employee of the Year in the field of medical coding, acknowledged for her precision, discipline, and excellence. Academically, Mrs. Khan holds an M-Pharmacy degree, is pursuing a Diploma in Child Psychology, and has previously run a successful science coaching institute—a foundation that enriches her research-based and emotionally rooted educational philosophy. With a promise to nurture confident speakers, curious thinkers, emotionally resilient children, and independent joyful learners, Mrs. Huzefa Khan continues to reshape early childhood education in Bhopal. She believes that every child is a scientist at heart, and The Crayons School is where their journey of discovery truly begins.

EDUCATING THE MIND ENRICHING THE SOUL

MEENA VERMA, A dedicated educator shaping young minds with a perfect balance of modern learning and traditional values. Meena Verma successfully runs a home tuition centre, where she not only focuses on academic excellence but also nurtures children with Sanskars, discipline, and the moral foundation of Indian culture.

Her teaching approach blends:

- Concept-based modern education
- Character building & value-based learning
- Respect for culture, elders, and society

For Meena Verma, education is not just about scoring marks—it is about building responsible, confident, and compassionate individuals who carry forward the richness of Indian heritage.



A VOICE THAT INFORMS, INSPIRES AND IMPACTS

Irum Siddiqui is a dynamic and fearless voice in journalism, admired for her clarity, authenticity, and powerful on-screen presence. As a Senior News Anchor and Journalist at DNN News, she has built a respected identity through her sharp interviewing skills, ethical reporting, and commitment to truthful storytelling. Known for her balanced perspective and confident delivery, Irum has earned the trust and admiration of viewers across the region. She represents the strength of women in media—bold, influential, and driven by purpose.

REDEFINING BEAUTY WITH A TOUCH OF LUXURY

The Makeup Collective (TMC) is a premium beauty studio established by Khushboo Tiwari, a celebrated makeup artist and the proud founder of The Makeup Collective by Khushboo Tiwari.

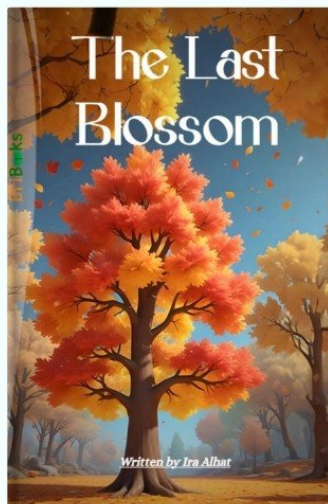
An internationally trained artist, Khushboo has also showcased her remarkable artistry at the Dubai Fashion Week, earning recognition for her refined aesthetics and creativity. With over 10 years of experience in the beauty and fashion industry, she brings unparalleled expertise and passion to her craft.

At TMC, the belief is simple yet powerful: beauty is deeply personal. Every service is thoughtfully designed to enhance your natural beauty, offering a customized and luxurious experience like no other.

Whether you're preparing for a professional event, a special occasion, or simply seeking self-care, The Makeup Collective by Khushboo Tiwari promises an elegant blend of artistry, sophistication, and indulgence — making every client feel truly radiant.



THE LAST BLOSSOM **IRA ALHAT**



Ira Alhat, a twelve-year-old writer, author, and poet, finds joy in the simple beauty of words and nature.

With heartfelt simplicity, her writing reflects wonder, warmth, and a quiet hope to touch the hearts of her readers. This young storyteller weaves emotions into every line, capturing fleeting moments of life like delicate petals in a gentle breeze.

The Last Blossom is a reflection of her sensitivity and imagination — a glimpse into the world as seen through the eyes of a young dreamer who believes that even in endings, there is beauty, and in every blossom, a story waiting to be told.

SHREE GRUH UDYOG

Pure • Homemade • Hygienic • Traditional

प्रज्ञा औरंगाबादकर ने मध्य प्रदेश मंत्रालय में अवर सचिव के पद पर वर्षों तक सेवाएँ दीं और जून 2015 में सेवानिवृत्त हुईं। सेवानिवृत्ति के बाद उन्होंने अपने जीवन के जुनून को एक नए रूप में आगे बढ़ाया—स्वादिष्ट और शुद्ध घर के बने व्यंजनों के माध्यम से लोगों के जीवन में स्वाद और खुशी जोड़ना। उनका मानना है कि स्वाद जहाँ दिल छू ले, वहीं असली संतुष्टि है, और यह आत्मिक शांति उनके कार्य का सबसे बड़ा पुरस्कार है। परिवार और मित्रों के प्रोत्साहन पर उन्होंने वर्ष 2015 में “श्री गृह उद्योग” की स्थापना की। प्रज्ञा जी स्वयं सभी मसालों, फराली आटे, बेसन और अनाज को घर पर ही स्वच्छ और पारंपरिक तरीके से पीसती और तैयार करती हैं, ताकि ग्राहकों तक शुद्ध, सुरक्षित और घर जैसा स्वाद पहुँच सके। आज श्री गृह उद्योग अपने ग्राहकों का विश्वास, गुणवत्ता और परंपरा का पर्याय बन चुका है



प्रज्ञा औरंगाबादकर
संस्थापक - श्री गृह उद्योग, भोपाल
“घर जैसा स्वाद, परंपरा जैसा भरोसा”

श्री गृह उद्योग की विशेष सामग्री

- व्रत उपवास सामग्री**
राजगीरा आटा | लाई | लड्डू | सिंघाड़ा आटा | उपवास भाजणी कुट्टू का आटा | मोरधन | फरियाली नमकीन | ठुरू (मखाना आटा) सिंघाड़ा आटा सेव | मखाना (काली मिर्च) (ऑर्डर पर)
- अन्य सामग्री**
गरम मसाला | अन्य मसाले | मासाला सुपारी | मेतकूट बेसन | तिल चटनी | लहसुन-नारियल चटनी | मिर्च ठेचा मुरमुरा लड्डू | चकली आटा | अनरसा आटा | सत्तू थालीपीठ भांजती (मल्टी ग्रेन आटा) | दालिया | बाटी का आटा
- तैयार सामग्री (ऑर्डर पर)**
गुझिया | मोदक | अनरसा | तला पोहा चिवड़ा | मक्का चिवड़ा सेव | चकली | पपड़ी | मीठे और नमक पारे | महाराष्ट्रीयन चिवड़ा | पूरन रोटी | मावा रोटी | गुड रोटी |
- मौसमी सामग्री**
गेहूँ कुरकुरी | मूँग बड़ी | उड़द बड़ी | मूँग पापड़ | आलू पापड़ | आलू चीप्स | आलू कीस | जवार पापड़ | मक्का पापड़ | चावल खींचवा | मसाला मिर्च सांडगे | दही मिर्ची | चावल कुरड़ी | बिजोरे | अचार (ऑर्डर पर)
- पूजन सामग्री**
फूल बत्ती | लंबी बत्ती | अगर बत्ती | धूप बत्ती | कपूर बट्टी | अष्ट गंध | कुमकुम | जनेऊ



Home delivery available on charges

Contact - 9229223138 | 6265106569

Address : E- 7/8 Ashoka Society, Arera Colony Bhopal

NEVER STOP DREAMING

Everything starts with a dream. The moment you believe you can't do it, everything else begins to crumble. Never stop believing. Many people convince themselves they'll have time for their dreams in the future but there's never a better time than now...!!!

"The future belongs to those who believe in the beauty of their dreams" this quote by Eleanor Roosevelt clearly states that one should never stop dreaming.

Dreaming Big means setting ambitious goals, igniting imagination and believing in yourself to succeed.

Today's working woman is a community empowering women to tackle issues, uplift each other, and shape a better future, not victim hood. Women today play diverse and significant roles in society. They are leaders in politics, business and various industries. Many women have become influential figures in shaping policies, driving innovation, and contributing to social changes. My suggestion to women specially to those who are starting afresh embrace the challenges, learn from your mistakes & setbacks, and let them fuel your determination to keep pursuing forward. Remember it's the willingness to fail that ultimately propels you towards greatness. Dream big, dare to fail, and watch as you soar to new heights. The energy and excitement that comes from focusing your mind on what you want can keep you going for a long time and give you the determination you need to make things happen.

The power to Dream Big Dreams invites you on a personal journey towards self discovery, resilience, and empowerment. It encourages you to dream without limits and take inspired action towards turning those dreams into tangible achievements. Success means achieving your goals with hard work, discipline, and focus.

It is not just winning but also learning from failures. Success gives confidence and motivates you to keep improving. It's the realisation of your potential and the ability to live a fulfilling and meaningful life.

It's a journey, not a destination. Being woman we need to work towards the balancing of career success and well being more than the men in society. For that we need to set clear boundaries, prioritise self care, learn to delegate, stay organised, seek support, embrace flexibility, continue learning and practice mindfulness because not only our work force rely on us it is the family that too rely upon us... the women.

Final words for today's women owned startups be committed, learn from the journey, think positive, have fun, be honest with yourself, change the perspective, count on yourself and take away the distractions.... in Michelle Obama's words "" There is no limit to what we, as women, can accomplish.



RENU NAYAK
SOCIAL ENTREPRENEUR

MITA WADHWA – WHEN ONE WOMAN BECOMES A MOVEMENT



From the heart of Bhopal emerges Mita Wadhwa, a silent yet powerful force whose life's mission is rooted in empathy, compassion, and service. Guided by a deep love for her community, she has become a symbol of resilience — transforming lives not through loud declarations, but through meaningful action.

Whether it was establishing Bhopal's first sustainable PAD Bank, ensuring dignity and menstrual hygiene for countless women, or stepping forward during the pandemic to feed families struggling for basic necessities, Mita's initiatives reflect a spirit that refuses to look away from suffering. Instead, she chooses to heal, uplift, and restore hope.

Her journey proves that change does not always begin with grand gestures — sometimes, it begins with one person choosing to care. Through her unwavering commitment and acts of kindness, Mita has created ripples that continue to strengthen and support entire communities.

Her story reminds us that real transformation happens when hearts unite, hands extend, and humanity leads the way.

DR. JAGGRTI AGRAAWAL



THE PRIDE OF INDIA

We are proud to feature the extraordinary journey of Dr. Jaggrti Agrawal, who has made history by winning the prestigious Mrs. Universe Elite 2025 at the Mrs. Classic Universe Pageant held in Kuala Lumpur, Malaysia.

With this remarkable achievement, she has become the first Indian woman to receive this global honor — a moment of immense pride for the nation. What makes her victory even more inspiring is that Dr. Jaggrti Agarwal has proudly broken stereotypes and redefined traditional beauty norms.

With her confidence, grace, and unwavering self-belief, she proved to the world that beauty is not determined by shape or size, but by courage, purpose, and authenticity. Her journey sends a powerful message to women everywhere — true beauty shines from strength and self-respect. But her success is not limited to the few days of the pageant; it is the reflection of her years of dedication, meaningful initiatives, achievements, charity work, and contributions to society in India. Her social impact projects and continuous efforts towards women empowerment and community welfare are the reasons she earned the crown with dignity and grace.



FAMILY — THE BACKBONE OF HER JOURNEY

Behind the global victory of Dr. Jaggrti Agrawal, stands the endless support, love, and strength of her family. Her husband, Mr. Jayesh Agrawal, has been her strongest pillar from the very beginning — standing beside her through every struggle, every preparation, and every milestone. He even traveled with her to Malaysia for the pageant, supporting her tirelessly at every step, while their daughters remained back home, cheering for her with pride and prayers. Their belief in her dreams and their emotional strength gave her the power to shine on the world stage. Together, they prove that when family stands united, no dream is too big, and no peak is unreachable.



BEYOND PAGEANTRY — A MENTOR & VISIONARY ENTREPRENEUR

Beyond her success in the pageant world, Dr. Jaggrti Agrawal is also a dedicated Mid-Brain Activation Trainer, helping children enhance focus, concentration, and learning efficiency through scientifically structured techniques. She strongly believes that empowering children with mental strength and confidence builds the foundation of a brighter future.

Continuing her mission to uplift and celebrate women, Dr. Jaggrti has recently launched her new venture, HerNestt Kitchen – Modular Kitchen Studio. Designed as a tribute to women who manage homes, careers, and dreams with grace, this venture symbolizes comfort, creativity, and respect for the everyday heroes inside every household.

Her entrepreneurial journey reflects her philosophy - To inspire, to empower, and to give back to society with purpose.



FROM THE HEART OF A QUEEN

My crown is a symbol of every silent struggle I turned into strength. I want every woman to remember—your dreams don't expire, and your courage is your greatest power. Rise, shine, and never apologize for the light you carry.

~ JAGGRTI AGRAAWAL

OUR COMMITMENT TO CARE

At the heart of our mission lies a simple belief — service should uplift, not display.

Our initiatives are driven by compassion, responsibility, and respect for human dignity. While we have conducted several impactful activities, we consciously choose not to showcase photographs, as we believe kindness should never become a spectacle, nor should the dignity of the underprivileged be compromised.

- **Women Wellness Seminars — promoting physical, emotional, and mental well-being**
- **Diwali Celebrations at Old Age Homes — spreading warmth, joy, and companionship**
- **Sanitary Pad Distribution Drives — supporting menstrual hygiene with dignity**
- **Winter Wear Donation Drives — offering comfort during harsh winters**
- **Plantation Drives — nurturing nature for a sustainable future**
- **Orphanage Visits — sharing care, encouragement, and smiles**

Each initiative reflects our commitment to meaningful impact rather than visibility.

This journey of service does not stop here.

With the same humility and determination, we will continue to expand our efforts, reach more lives, and serve with deeper purpose in the future.

Because true charity is not seen — it is felt.

COSMETIC GYNAE
by **LASERS**
A 360° Aesthetic & Wellness Clinic
feel young always . . .

Since 2002 . . .
जीवन ज्योति
मेटरनिटी एवं नर्सिंग होम

PROUDLY INTRODUCES
1ST
TIME IN BHOPAL
LATEST ADVANCED
TECHNIQUE
OF LASERS

Dr. Praveena Agarwal
(Gold Medalist)
Obstetrician & Gynaecologist MBBS, M.S.
Diploma in Cosmetic
Gynaecology NACGF & LAHA (Europe)
COSMETIC GYNAECOLOGIST | INFERTILITY SPECIALIST

पिना टॉके बाबेदानी निकालने की स्पेशलिस्ट
एक से दो दिन में डिस्चार्ज

Address: 32-33, Chitragupt Nagar, Near Vaishali Tiraha, Kotra, Bhopal
Phone : 0755 - 2776485, 4232248 M.: 9826077648

Available Facilities In Cosmetic Gynaecology

- ❖ Mommy Makeover by HIFU
- ❖ Treatment for PCOD related problem
- ❖ Vaginal Tightning & Rejuvenation by Advance LASER
- ❖ Urine Leakage After Delivery & in Middle Age
- ❖ Skin Tightening/rejuvenation
- ❖ PRP Therapy For Hair Fall
- ❖ Sexual Dysfunction
- ❖ Micro Dermabrasion For Skin Tightning
- ❖ Painless Hair Removal From Face & Body
- ❖ Chemical Peeling
- ❖ Body Shaping & Countouring
- ❖ Treatment For Menopausal Symptoms (GSM)
- ❖ Hymen Repair (Hymenoplasty)
- ❖ Labioplasty, Hoodectomy
- ❖ Tummy Tuck
- ❖ Hydra Facial & Photo Facial
- ❖ Treatment For Stretch Marks & Post Delivery Relaxation of Pelvic Muscles
- ❖ Painless Removal of Tattoo, Moles, Warts & Skin Tags

COSMETIC GYNAE
by **LASERS**
A 360° Aesthetic & Wellness Clinic
feel young always . . .

Since 2002 . . .
जीवन ज्योति
मेटरनिटी एवं नर्सिंग होम

SCAN FOR LOCATION

SEARCH FOR US

FOLLOW US

Address: 32-33, Chitragupt Nagar, Near Vaishali Tiraha, Kotra, Bhopal
Phone : 0755 - 2776485, 4232248 M.: 9826077648

Confidential
Dental Smile Clinic

INVISALIGN
OPEN WEEK

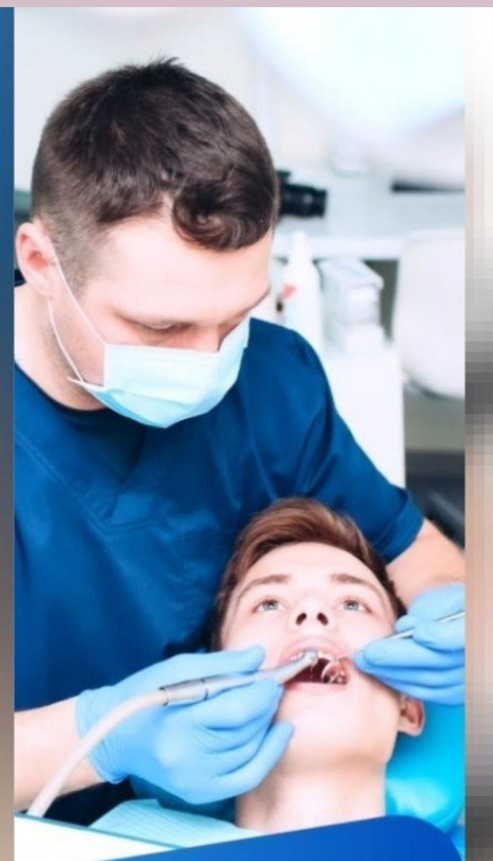
21st - 31st December 2025

Discover the power of
Invisalign clear aligners

**BOOK YOUR SLOT
TODAY**

- ✓ FREE Invisalign Smile Scan
- ✓ AI-based Smile Simulation
- ✓ Special Launch Discounts

CONFI DENTAL SMILE CLINIC, BHOPAL



KIDS KABOOM

A Festival of Growth and Joy Bhopal came alive with energy and imagination at Kids Kaboom, an event designed to showcase how children thrive when given the right mix of creativity, structure, and community.

- Organized with a vision of holistic development, the festival offered workshops in art, music, storytelling, and movement—helping children build confidence, empathy, and social skills beyond the classroom.
- Equally important was the emphasis on vertical development, where children progressed through tiered challenges that encouraged problem-solving and independence.
- From beginner activities to advanced creative tasks, the event demonstrated how step-by-step growth builds resilience and adaptability. Highlights included interactive zones for painting and robotics, vibrant stage performances, and expert talks on modern child psychology.
- Families left inspired, realizing that education is not just about academics but about preparing children for life.
- By blending holistic and vertical approaches, Kids Kaboom stood out as a beacon of progressive education.

AAKASHA - Her Sky, proudly features this celebration as a reminder that nurturing curiosity and creativity today shapes the leaders of tomorrow.

PROGRAMS UNDER AKAR

WOMEN GROUP

- **Early childhood care and education**
- **Nursery teacher training**
- **Financial literacy**
- **Self defence**
- **Digital skills**
- **Fitness and body positivity**
- **Women health and wellness**
- **Technical skills**
- **Career support and practical skills**
- **Vocational education**
- **Vocational training**
- **And community developing projects**



AAKASHA

her sky

Where every woman's story rises above the horizon. This magazine is a celebration of journeys—quiet, courageous, fierce, and unforgettable. From changemakers to dreamers, from everyday victories to extraordinary achievements, AAKasha brings together voices that shape our world.

**A tribute to the women of
Akar—
Whose strength becomes
Stories
And whose stories become
Her Sky**

For Women. By Women. About Women.

